

HIMWATS Annual Activity Report 2022-23

Executive members during the year

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| 1. Prof. H.D. Bist (Founder & Emeritus Secretary) | 2. Prof. K.K. Pande (President) |
| 3. Sri. Ashutosh upadhyay (Vice President) | 4. Dr. G.B. Bisht (Secretary) |
| 5. Sri. K.S. Mehra (treasurer) | 6. Prof. P.B. Bisht (Member) |
| 7. Sri. Rajendra Gehtori (Member) | 8. Dr. B.C Joshi (Member) |

Volunteers working in the organization

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| 1. Prakesh Punetha | 2. Pankaj Singh Bohra |
| 3. Sunil Joshi | 4. Sapna bhandari |
| 5. Neema Upadhyay | |

Important activities during the year

1. Earth day

This year's Earth day (22 April) was celebrated at Government Primary School Kulethi. Total 25 students of the school gave the message to save the Earth through their illustrations in a painting competition.



2. World Environment Day

World Environment Day was celebrated like previous years at CDLASRC Kulethi. A quiz and painting competition related to the topic for school children was organized and plant were planted in the campus.



3. Harela Week:

To promote ecological awareness among students HIMWATS celebrates Harela week every year. This year 5 schools were adopted for the event in which 85 students participated in making 263 seed balls with the help of manure, soil and seeds to spread in barren lands.



4. Health Awareness programmes

a. World Yoga Day: On the occasion of world yoga day (21 June) students of the adopted schools were sensitized about the importance of yoga. Yoga exercises were also conducted during the event.



b. World Sight Day 2022: On the occasion of World Sight Day, a talk on the wellness of eyes was delivered by Dr. Govind B. Bisht (secretary, HIMWATS) at GPS Kulethi. A camp for eye examination was also organized for nearby villagers and students of Kulethi schools.



- c. National Tobacco Control Programme & Distribution of Sports items:** The annual event of National Tobacco Control Programme was observed like previous years under the guidance of Chief Medical Officer of Champawat to create awareness about hazards of tobacco consumption and drug addiction. Students of Government Primary School and Upper Primary School of Kulethi participated in the programme.

Sports materials and games equipment were also distributed amongst the students in this occasion.



- d. Kala Motiya Public Awareness Week:** An week long campaign was launched to awareness about kala motiya (glaucoma) at CDLASRC Kulethi. An eye check-up camp was organized by Dr. G.B. Bisht, Secretary of the organization for nearby villagers. They were given important consultations about eye care and safety.



5. Activities in CDLASRC Kulethi & adopted schools

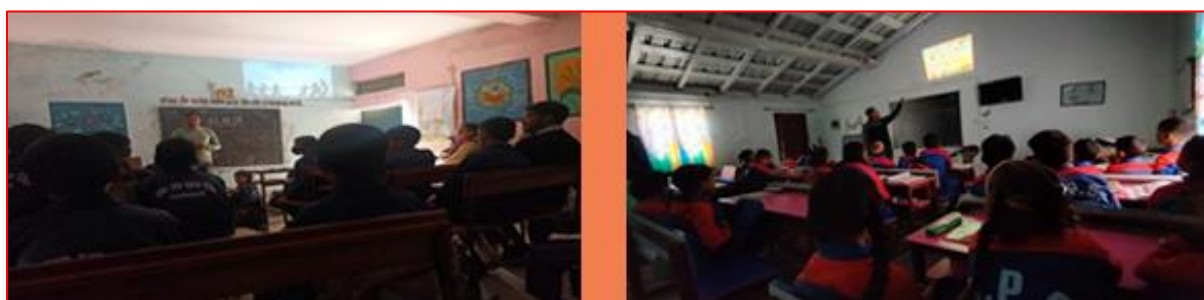
- a. Celebrating Pratibha Divas:** Pratibha Divas is celebrated in every government school of the state. Our volunteers helped in organizing these events in HIMWATS adopted schools.



b. Gram Utthan Program: Under this program HIMWATS appointed tutors teaching students in the village Darha.



c. Digital Learning Initiative: Like previous years, this year also students were taught through digital devices in various adopted schools by our volunteers.



d. Teachers' Day Celebration: Teachers of Government Primary School and Government Upper Primary School Kulethi were honored by the organization. An Eye Donation Awareness Fortnight was also launched during this period by HIMWATS Secretary Dr. G.B. Bisht.



e. Book Fair & Sports Activities: A book fair and sports competitions were organized by the organization for the students of adopted school.



- f. Computer Literacy:** HIMWATS provides computer literacy to rural school kids of adopted schools at its centre. Kids were trained by volunteers of the organisation at CDLASRC Kulethi. Instead of imparting theoretical information, they are given practical knowledge of various computer applications.



- g. Exposure Activities at Science Center:** Students of the adopted school were given exposure to laboratory and various science experiments by the volunteers of the organization at CDLASRC Kulethi. Volunteers demonstrate experiments related to their curriculum and also let them play with the science models present at the science centre.



- h. Astronomy Workshops:** Astronomy workshop for kids were organized to understand the phenomena related to the system of the Sun, the Moon and the Earth through different models and role-plays at various adopted school by the volunteers of the organization. An extremely popular activity among students, teachers as well as villagers.



6. Girls' Internship Programme

An internship programme for graduate girls of local PG College was started this year to enhance their science communication skills. Ten collage going girls of science bachelor classes were selected for internship and given training on two topics of junior high school science curriculum. They conducted 30 workshops in 15 different schools and community with a total number of 527 students. This was one of the most successful programme of this year.



7. Outreach Programme

This year a new outreach initiative was started to share our experience based science learning method and skills with other organizations.

- a. **With Schools:** A two days' science workshop was organized by our volunteers at Rajiv Navoday Vidyalay, Khatima and David Painter High Schhol Gudmi (Banbasa) on the topics viz., Human body and Human skeleton.



- b. **Teachers' Training with DIET:** To propagate and popularize our experience based science learning method, HIMWATS is working with District Institute of Education and Training Lohghat (Champawat). Three very successful training workshops with teachers were organized under this initiative which covered three topics related to junior high school science curriculum. A total number of 78 teachers participated in these workshops.



- c. Science Stalls at Kitab Kautik:** This year HIMWATS also participated in the famous 'Kitab Kautik Abhiyan' (book fair) and opened its science demonstration stall at Tanakpur and Baijnath (Bageshwar). Our stall attracted huge number of students and other visitors in these events.



8. Scholarship Distribution Program

The annual scholarship distribution program was organized in CDLASRC Kulethi campus on 10-11-2022. During this year 98 students were awarded and a sum of Rs 1,87,000 was distributed in the districts of Champawat, Pithoragarh, Nanital and Udham Singh Nagar. Till this year total 1264 students were benefitted and around Rs 22 lakh was distributed.



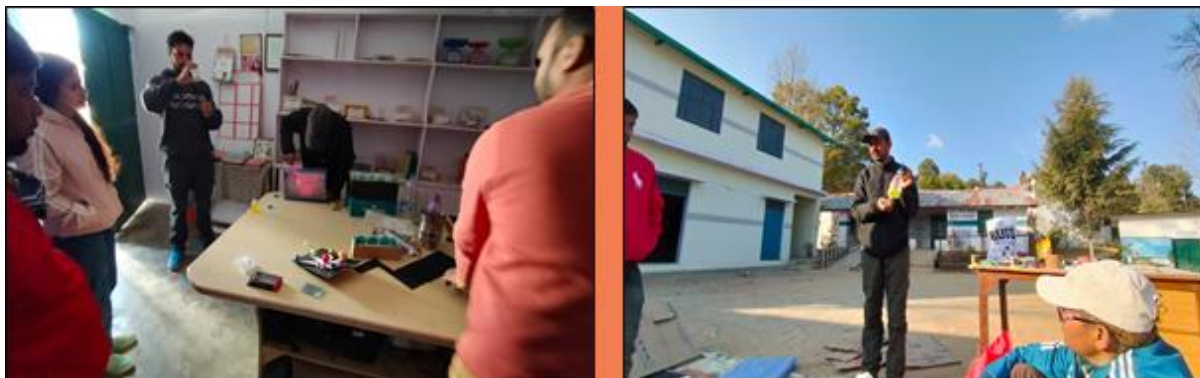
9. Preparation for Navodaya Vidyalaya Admission Test

Special coaching sessions for the admission test of Navodaya Vidyalaya for government primary school kids were conducted during the winter vacations. A total number of 71 students participated and benefitted from the initiative this year.



10. Training of Volunteers

A training workshop for volunteers of HIMWATS was conducted on experience based science learning method by the experts of Pratham Education Foundation. Participants were trained to make and present models of different concepts of science.



11. UCOST Sponsored Science Fair Project

This year Uttarakhand Council for Science and Technology (UCOST) funded a project for Anubhav Adharit Bal Vigyan Mela (experience based children's science fair) workshop in 11 school of the Champawat district. The project was successfully completed in time and a total number of 2632 students were benefitted from the initiative.



10. External Interns

- a. This year Amisha Mehra, a PG Trainee intern from G.B. Pant Institute of Engineering & Technology joined HIMWATS for 50 working days. During this period she organised various activities for the students of and taught them valuable things.



- b. Three MBA students from NMIMS Mumbai came for 20 days working internship from 30 January to 21 February 2023. In this period they made videos of our work and proposal for the organization.



14. Participation in Rural Science Congress

This year HIMWATS was invited in the Rural Science Congress organized by Uttarakhand Government to present its work. Two volunteers of HIMWATS and four students of its adopted schools participated in the 3-day congress at Dehradun with a stall in the event.



15. National Science Day

Like previous years, this year also National Science Days was celebrated at CDLASRC Kulethi. A quiz competition and various other activities were organized for kids of the nearby schools.

